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## COVID-19 AND ONGOING PREPAREDNESS EFFORTS



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The Florida Department of Health is working closely with the Centers for Disease Control and Prevention (CDC) to closely monitor the current outbreak of COVID-19 and is actively working to ensure that the most up-to-date CDC guidance is quickly and accurately disseminated to the Taylor County School District.

As a reminder, the best way to prevent illness is to avoid being exposed to this virus. The Department always recommends everyday preventive actions to help impede the spread of respiratory diseases, including:

- Avoiding close contact with people who are sick;
- Staying home when you are sick and avoiding contact with persons in poor health;
- Avoiding touching your eyes, nose and mouth with unwashed hands;
- Covering your cough or sneeze with a tissue, then disposing of the tissue;
- Washing your hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, after blowing your nose, coughing or sneezing;

- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty; and

- Cleaning and disinfecting frequently touched objects and surfaces using a regular household cleaning spray or wipe.

Please visit the Department's dedicated COVID-19 webpage at [www.FloridaHealth.gov/COVID-19](http://www.FloridaHealth.gov/COVID-19). This remains the best and most up-to-date resource for information and guidance regarding COVID-19 in Florida.