

Mental and Emotional Health Education Implementation Plan



State Board of Education Rule:	6A-1.094121 Mental and Emotional Health Education
Name of the School District	Taylor
Superintendent of the School District	Dr. Danny Glover
Implementation Period: (MM/YY – MM/YY)	08/19 – 05/20
Submission Date to the Commissioner	October 24, 2019
Direct URL to the Implementation Plan as posted on the school district website	ShowAll">http://www.taylor.k12.fl.us/?PN=Pages&SubP=Level1Page&L=2&DivisionID=15679&DepartmentID=29515&PageID=39208&ToggleSideNav>ShowAll
School District Contact(s) for this Plan <i>(name and email address)</i>	Alicia Poole (Alicia.poole@taylor.k12.fl.us) Paul Peavy (Paul.peavy@taylor.k12.fl.us)

Select the specific subject area(s) of the courses in which instruction will be delivered:			
<input type="checkbox"/> Art – Visual Arts	<input type="checkbox"/> Experimental Education	<input type="checkbox"/> Peer Counseling	<input type="checkbox"/> World Languages
<input type="checkbox"/> Computer Education	<input type="checkbox"/> Health Education	<input type="checkbox"/> Physical Education	<input type="checkbox"/> Other
<input type="checkbox"/> Dance	<input type="checkbox"/> Library Media	<input type="checkbox"/> Research/Critical Thinking	
<input type="checkbox"/> Drama – Theatre Arts	<input type="checkbox"/> Mathematics	<input type="checkbox"/> X -Science	
<input type="checkbox"/> X - English/Language Arts	<input type="checkbox"/> Music Education	<input type="checkbox"/> X-Social Studies	
Select the qualification(s) of the instructors for the above courses:			
<input type="checkbox"/> X-Florida Certified Teacher <input type="checkbox"/> Community-based Expert <input type="checkbox"/> School Nurse <input type="checkbox"/> School Counselor <input type="checkbox"/> School Psychologist <input type="checkbox"/> X-Other (Mental Health Counselor)			
Please explain the rationale for delivering the instruction in the courses selected above for each grade level.			
<p>6th grade- during History classes</p> <p>7th grade- 7A-during Reading, 7B-during Science</p> <p>8th grade- during History classes</p> <p>.</p> <p>9th – 12th - ELA classes will be used for the delivery of instruction because it will enable all students to be reached efficiently</p>			
Please describe the methods for delivering the instruction for each grade level.			
<p>6th – 12th - Video lesson will be shown to students and then teachers will facilitate a worksheet and discussion of topic. There will be 10 total lessons</p>			

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Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

6th – 12th: In Taylor County, we will use lessons that include videos that have been specifically created to serve the needs of our students. These lessons and videos have been created by Paul Peavy, Taylor County Mental Health Coordinator, using resources from the National Institute of Mental Health. Mr. Peavy has been a Florida Licensed Mental Health Therapist for over twenty years serving children, adolescents and families in North Florida. He has worked with agencies such as The Department of Children and Family Services, Children's Medical Services, and Florida State University. In addition to the lessons he has created, Mr. Peavy will be using Ever-Fi resources in some modules.

These lessons, under the supervision of Mr. Peavy, will be implemented in Social Studies classes for 6th and 8th grade and a combination of reading and science classes 7th grade students ELA classes will be used for high school students. Each lesson will include a teacher handout with individual questions and classroom discussion or activities. There are ten topics that will be covered, and each lesson will last thirty minutes. The topics that are required to be covered are:

1. Mental Health Awareness and Assistance
 - a. Classes discussed characteristics of good mental health, characteristics of mental health problems and resources to help them if they are having a problem.
2. Prevention of Suicide -
 - a. Students were given a safety plan to fill out for when they are feeling down. They were asked to write down positive activities they can do, positive places they can go and people they can talk to.
3. Prevention of Mental Health Disorders
4. Recognition of Signs and Symptoms of Mental Health Disorders
5. The Process of Accessing Treatment
6. Strategies to Support A Peer, Friend, or Family Member with a Mental Health Disorder
7. Strategies to Develop Healthy Coping Techniques - Ever-Fi Computer Learning Module on Mental Wellness was used by each student and a class discussion was held.
8. Prevention Of Mental Health Disorders - Ever-Fi Computer Learning Module on Mental Wellness was used by each student and a class discussion was held.
9. Awareness Of Resources, Including Local School and Community Resources and How to Access Treatment - A video showing and interviewing local mental wellness resources was shown and accessing treatment was discussed and a handout was given to each student.
10. A Comprehensive Review of Recognizing Symptoms Of Mental Illness, Prevention and Coping With Mental Illness, How To Help A Friend With Mental/Emotional Struggles, and How To Access Treatment. With an emphasis on what to do in these situations over the summer break. A video will be shown reiterating these things in detail and a handout will be given that will be especially helpful for students to have over the summer when they are away from school.

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